



CURRICULUM VITAE

Dr. TANUSHREE SHARMA

HOUSE NO: 97, PHASE I

RAJINDER NAGAR, BANTALAB

JAMMU (J & K)

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SPECIALITY: ORTHODONTICS AND DENTOFACIAL ORTHOPAEDICS

CAREER OBJECTIVE:

Dedicated to provide all Dental Services with specialisation in Orthodontic services for the purpose of achieving a positive treatment results. Interested in a career with a challenging environment that will use my education and skills where I can effectively contribute to any capacity that best matches my qualification, abilities and experiences

which provides exposure to new ideas and simulates personal and professional growth

ACADEMIC QUALIFICATIONS

- **MASTER OF DENTAL SURGERY**
(Orthodontics & Dentofacial Orthopaedics)
(July 2016– July 2019)
Saraswati Dental college and Hospital
Faizabad road, Tiwari Ganj
Lucknow
Ram Manohar Lohia Awadh
University.

- **BACHELOR OF DENTAL SURGERY**
(October 2008 – February 2015)
Institute of Dental Sciences
Sehora
Jammu
Jammu University

RESEARCH AND PRESENTATIONS

- **THESIS**

“CYCLIC LOADING: ITS IMPACT ON THE ORTHODONTIC TOOTH MOVEMENT: INVIVO

STUDY''

POSTER PRESENTATIONS

- **IOS PG Convention, BHU, 2017.**
- **IOS Zonal Orthodontic PG Convention, 2018, Meerut.**
- **Orthodontic Innovation Conclave, 2022, Meerut.**
- **International Conference On Dentistry -2023 Mohali, India.**
- **57th Indian Orthodontic Conference – Meerut.**
- **IAOMR National UG Convention – Jammu, 2023.**
- **J&K Orthodontic Symposium, 2023, Jammu**
- **International Conference On Dentistry,2023, Dishpur.**
- **International Conference On Dental And Clinical Dentistry, 2023, Udaipur.**
- **Orthodontic Symposium , Modinagar, 2024.**

PAPER PRESENTATIONS

- **22nd IOS PG Convention , 2018, Navi Mumbai**
- **International Conference on dental and clinical dentistry, 2023, Udaipur.**
- **International Conference on dentistry, 2023, Dishpur.**
- **International Conference on dentistry, 2023, Mohali.**
- **International Conference on dentistry, 2023, Lucknow.**
- **J&K Orthodontic Symposium , 2023, Jammu.**
- **IAOMR National UG Convention 2023, Jammu**
- **International Conference on dentistry, 2024, Allahabad.**
- **International Conference on dental and clinical dentistry, 2024, Udaipur**

CDE PROGRAMMES, SYMPOSIUMS, SEMINARS ATTENDED & PARTICIPATED

I constantly keep myself updated with the current concepts & techniques, regularly participate in workshops, CDE programs, courses & seminars, I have successfully participated in the following workshops, pre & post conference courses & CDE programmes.

1	LINGUAL ORTHOONTICS WORSHOP	SARDAR PATEL INSTITUTE OF DENTAL SCIENCES, LUCKNOW
2	STANDARD EDGEWISE TECHNIQUE WORKSHOP	BANARAS HINDU UNIVERSITY VARANASI
3	NATIONAL INTEGRATED TYPHODONT WORKSHOP	SARDAR PATEL INSTITUTE OF DENTAL SCIENCES, LUCKNOW
4	ACCELERATED ORTHODONTICS (CDE PROGRAME)	SARDAR PATEL INSTITUTE OF DENTAL SCIENCES, LUCKNOW
5	MYOFUNCTIONAL APPLIANCES	D Y PATIL UNIVERSITY MUMBAI
6	J&K ORTHODONTIC SYMPOSIUM	JAMMU
7	IAOMR NATIONAL UG CONVENTION	GDC, JAMMU
8	ORTHODONTIC SYMPOSIUM	DJ COLLEGE , MODINAGAR
9	IOS ZONAL ORTHO PG CONVENTION	SUBHARTI DENTAL COLLEGE MEERUT
10	ORTHODONTIC INNOVATION CONCLAVE	SUBHARTI DENTAL COLLEGE MEERUT
11	BOND WITH ETHICS, 57 TH IOS CONFERENCE	SUBHARTI DENTAL COLLEGE MEERUT

AFFILIATIONS/MEMBERSHIPS:

IOS LIFE MEMBER

J & K DENTAL COUNCIL, REG.NO: A2589 (J&K SDC)

LANGUAGE SKILLS:

English, Hindi, Dogri

PUBLICATIONS (INTERNATIONAL & NATIONAL)

1. Sharma T et al. Orthodontic care and management in pregnant women. Int J Sci Rep. 2022Feb;8(2):53-56.
2. Sharma T et al. Orthodontic management in medically compromised patients. Int J Sci Rep. 2022; Feb;8(2):57-66.
3. Sharma T et al. Vibratory stimulation in non-growing patients and its effect on the orthodontic tooth movement. International Journal of Scientific Reports; Int J Sci Rep. 2022 Jan;8(1):33-34.
4. Sharma. T. et al. Managing Orthodontic Patients during Covid Pandemic. EAS J Dent Oral Med; 2020; 2 (3):106-109.
5. Tanushree Sharma et al. Intraoral Vibratory Stimulation; Impact on Tooth Movement: Short study; EAS J Dent Oral Med. Nov-Dec, 2021; 3(6):184-185.
6. Sharma T et al . Cyclic loading; its impact on the orthodontic tooth movement in growing patients: in vivo study. International Journal of Scientific Reports. Int J Sci Rep. 2022 Jan;8(1):01-06.
7. Sharma T et al. Orthodontic intervention in bilateral cleft lip and palate. al., EAS J Dent Oral Med. 2019; 1(6):116-120.
8. Chakraborty. P. et al. Archform in Orthodontics: Part-I. EAS J Dent Oral Med. 2019; 1(6):112-115.
9. Sharma T. et al. Lip Repositioning: Approach to an Aesthetic Smile: Case Report . IOSR Journal of Dental and Medical Sciences. 2020; 19(5): 46-48.
10. Sharma T. et al. Dental Vibrator- Faster, Better and Painless Tooth Movement: A Review. International Journal of Current Research.2019; 11(6):4582-4585.
11. Ashil AM et al. A CBCT assessment of orthodontic mini - implant placement. J Pharm Bioall Sci. 2024;16:S927-9.
12. Ashil AM et al. Efficacy of ozone, UV radiation, Herbal and Glutaraldehyde method for sterilisation of elastomeric impression materials for orthodontic and prosthodontic procedures . J Pharm Bioall Sci. 2024;16:S717-9.

13. Sharma V et al. To study the expression of proliferating cell nuclear antigen (PCNA) in Leukoplakia with and without dysplasia and normal mucosa. Eur. Chem. Bull. 2023; 12(5): 5677-5682.
14. Sharma V et al. To study the expression of proliferating cell nuclear antigen (PCNA) In Oral Sub-mucous Fibrosis (OSMF). Eur. Chem. Bull. 2023;12(5):5683-5688.
15. Sharma A et al. Interdependence of Yen, W angle and Wits in assessing maxillary and mandibular Sagittal relationships in UP population: A Cephalometric study. Journal of Cardiovascular Disease Research. 2023;14(3):1379-1382.
16. Sharma A et al. Gender Correlation of Incisor display in eastern UP population during smile. Journal of Cardiovascular Disease Research. 2023; 14(3):1373-1378.
17. Sharma A et al. Study on Incisor display during speech in population of Uttar Pradesh in different age group. Neuroquantology. 2022;20(20):01-04.
18. Sharma A et al. Incisor Display gendered relationships in the population Uttar Pradesh during speech. Neuroquantology. 2022; 20(21):01-09.
19. Sharma et al. Cephalometric study examined the correlation of W angle and Wits appraisal cephalometric factors to determine the sagittal relationship between the maxilla and mandible in eastern and western UP population. Journal of Cardiovascular Disease Research. 2022;14(3): 1328-1333.
20. Sharma A et al. To ascertain if bracket material difference (polycarbonate and ceramic) has an effect on Streptococcus mutans count in orthodontic patients when used with herbal dentifrices. Journal of Cardiovascular Disease Research.2023;14(3): 01-12.
21. Sharma A et al. To Ascertain If Bracket Material Difference (ceramic and stainless steel) has an effect on Streptococcus Mutans Count In Orthodontic Patients When Used With Herbal Dentifrices. Journal of Pharmaceutical Negative Results. 2022;13(8):4600-4605.
22. Sharma T et al. Correlation of various Cephalometric parameters assessing maxillary and mandibular sagittal relationships in eastern and western UP populations: A Cephalometric Study. Journal of Pharmaceutical Negative Results. 2022;13(8):4645-4649.
23. Sharma A et al. To Ascertain If Bracket Material Difference (Polycarbonate And Stainless steel) has an effect on Streptococcus Mutans Count in Orthodontic patients when used with Herbal Dentifrices. Journal of Pharmaceutical Negative Results. 2022;13(8):4606-4616.
24. Sharma T et al. Comparison of Arnett's analysis parameters of North Indian female population and Caucasian female population using digital cephalometric tracing method. Journal of Pharmaceutical Negative Results. 2022;13(8):4650-4657.
25. Sharma T et al. In vivo study on the effects of vibrations on Orthodontic Tooth movement.

Journal of Pharmaceutical Negative Results. 2022;13(8):4658-4661.

26. Vaidya A et al. Evaluation of changes in dental arch width induced by removable appliances over a 10- month period in children with malocclusion. International journal of life sciences, biotechnology and Pharma Research. 2023;12(4):1059-1062.

BOOK PUBLICATIONS

1. The Roth approach: advanced technique in orthodontic treatment. (ISBN no. 978-81-958710-5-6).
2. Integrative approaches to orthodontics in medically compromised patients. (ISBN no. 978-81-958710-2-5).
3. Potentially premalignant lesions of oral cavity. (ISBN no. 978-620-2-66778-4).
4. Fixed Functional appliances in Orthodontics. (ISBN no. 978- 620- 2-66829-3).
5. Innovations in clear aligners treatment. A comprehensive guide.(ISBN no. 978-81958710-6-3).

PATENTS

1. Light equipped intraoral suction device . (Design no. 404088-001).
2. Teeth damage detecting sensor device. (Design no. 404091-001).

PROFESSIONAL EXPERIENCE

GENERAL PRACTICE: (2015- 2016)

At Swami Vivekanand Charitable Hospital, Amphalla, Jammu.

- Root canal treatment for anteriors and posteriors including 3rd molars.
- Complicated dental extractions.
- Crown and bridge procedures and all kind of cosmetic dental procedures

P G RESIDENT: (2016 – 2019)

Saraswati Dental College & Hospital, Lucknow

Ram Manohar Lohia Awadh University, Faizabad

During my Post Graduate curriculum, I have taken more than 20 theory classes & more than 30 clinical discussions for under graduate students in Orthodontics & Dentofacial Orthopedics.

- Diagnosed more than 400 Patients

- Bonded more than 80 Patients
- Fabricated Myofunctional appliances
- Aligner treatment done
- Fabricated removable appliances.

TEACHING EXPERIENCE

- ASSISTANT PROFESSOR- HIDS PAONTA SAHIB – 2 YEARS, 4 MONTHS.
- SENIOR RESIDENT GMC, KATHUA- 1 YEAR 5 MONTHS
- CURRENTLY WORKING IN THE CAPACITY OF ASSISTANT PROFESSOR, SMVDIME.

SPECIAL CASES DONE AS ORTHODONTIST

- Cleft lip and palate cases
- Orthognathic surgeries
- Fixed functional cases
- Expansion cases
- Removable orthodontic appliances
- Myofunctional appliances: Twin block, Bionator, Activator, Frankel

PROFESSIONAL EXPERIENCE AFTER PG

- Diagnosed more than 1000 Patients
- Bonded more than 500 Patients
- Fabricated Myofunctional appliances
- Aligner treatment done
- Fabricated removable appliances
- Carried out more than 500 Root Canal Treatment
- Carried out more than 800 Oral Prophylaxis
- Fabrication of more than 100 Complete Denture Prosthesis
- Carried out more than 500 Extractions

- Carried out more than 800 Composite Restorations
- Carried out laser procedures
- Carried out more than 500 crown and bridge procedures
- Carried out more than 300 post and core patients

SPECIALIZATION

- REMOVABLE AND FIXED ORTHODONTIC APPLIANCES.
- TEMPORARY ANCHORAGE DEVICES & SKELETAL ANCHORAGE SYSTEMS
- VARIOUS FUNCTIONAL AND ORTHOPEDIC APPLIANCES.
- ALIGNERS
- DAMON SELF LIGATION SYSTEM.

ACADEMIC RESEARCH INTERESTS ARE IN THE FIELDS OF:

- LINGUAL ORTHODONTICS.
- INVISIBLE ORTHODONTICS.
- SKELETAL ANCHORAGE SYSTEMS.
- ACCELERATED ORTHODONTICS

PERSONAL DETAILS:

Qualification: M.D.S (Orthodontics & Dentofacial Orthopaedics)

Date of Birth: 15 February 1990

Gender: Female

Religion: Hindu

Nationality: Indian

Marital Status: Married

Present address: House No: 97, Phase I, Rajinder nagar, Bantalab, Jammu. Pin: 181123

Personal Skills: Communication and presentation, Team work, Analytical skill, Time management

Technical Skills: Orthodontic alignment, Functional corrections, Expansions, Orthognathic surgery.

I hereby declare that all the information given above are true and correct to the best of my knowledge.

Place : J & K

Date : 10-10-2024

Dr. TANUSHREE SHARMA MDS